A Quick Tour

The **Individual Dashboard** provides secure access to your American Public Life (APL) account details. From your Dashboard, you'll see an overview of your coverage, covered dependents and claims status. You'll also find links to download your ID Cards, policy documents, Explanation of Benefits and claim forms.
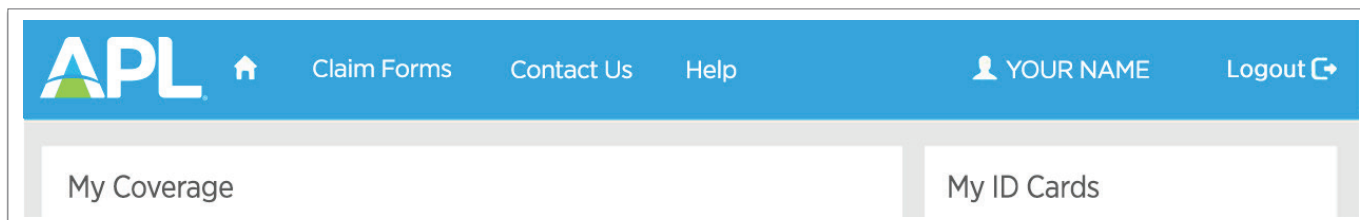
Using Your Dashboard

At the top of the Dashboard, you'll see links to:

• Claims Forms
• Contact Us
• Help
• Your profile information

Coverage

Below the top navigation, you'll find **My Coverage**. Here, you have instant access to your APL insurance details, including:

• Policy Number that links to your policy documents
• Effective date(s) of coverage
• Covered dependents
• Status of coverage

ID Cards

Next to My Coverage, you'll find **My ID Cards**. This section displays the availability of your ID Cards. You can download and print your **ID Cards** by clicking on the PDF icon (📄) next to the product name. **ID Cards** will download as a PDF document, if available.

Claims

Just below My Coverage, you'll find **My Claims.** The **My Claims** portion of your dashboard provides at-a-glance details of claims processed within the last 24 months, including:

• Claims status
• Date received
• Claim number that links to your Explanation of Benefits
• Amount paid